The Ohio Family Physician: Winter 2023

Article Reference List

Improving Resident Physician Mental and Physician Health by Implementing A Lifestyle Medicine Curriculum (Page 12)

- Noseworthy J, Madara J, Cosgrove D, et al. (2018). A Crisis in Health Care: A Call to Action on Physician Burnout. Collaborative partnership report with the Massachusetts Medical Society, Massachusetts Health and Hospital Association, Harvard T.H. Chan School of Public Health, and Harvard Global Health Institute.
- 2. Linzer, M., Levine, R., Meltzer, D., Poplau, S., Warde, C., & West, C. P. (2014). 10 Bold Steps to Prevent Burnout in General Internal Medicine. *Journal of General Internal Medicine*, 29(1), 18-20.
- 3. Ironside K, Becker D, Chen I, et al. Resident and Faculty Perspectives on Prevention of Resident Burnout: A Focus Group Study. Perm J. 2019; 23:18-185. doi:10.7812/TPP/18-185.
- 4. Shors T. J. (2006). Stressful Experience and Learning across the Lifespan. *Annual Review of Psychology*, 57, 55–85. https://doi.org/10.1146/annurev.psych.57.102904.190205.
- The American College of Lifestyle Medicine (2021). About Lifestyle Medicine. https://www.lifestylemedicine.org.
- 6. Rippe, J. M. (2018). Lifestyle Medicine: The Health Promoting Power of Daily Habits and Practices. *American Journal of Lifestyle Medicine*, 12(6), 499-512.
- 7. Polak, R., Pojednic, R. M., & Phillips, E. M. (2015). Lifestyle Medicine Education. *American Journal of Lifestyle Medicine*, 9(5), 361-367.

The Model: Best Practices for Teaching Cultural Humility in Family Medicine (Page 18)

- National Institutes of Health. (2007) Cultural Awareness Glossary of Key Terms.
 https://www.niehs.nih.gov/news/events/pastmtg/hazmat/assets/2007/wtp-2007ntec-wruc-latino-tips-glossary-508.pdf.
- 2. Nazar, M., Kendall, K., Day, L., & Nazar, H. (2015). Decolonising Medical Curricula through Diversity Education: Lessons from Students. Medical teacher, 37(4), 385–393.
- 3. Tervalon, M., and Murray-Garcia, J. (1998) Cultural Humility Versus Cultural Compentence: A Critical Distinction in Defining Physician Training Outcomes in Multicultural Education. *Journal of Healthcare for the Poor and Underserved*, 9(2) 117-125
- 4. Betancourt, J.R., Green, A.R., Carrillo, J.E., Ananeh-Firempong.O. (2003) Defining Cultural Competence: A Practical Framework for Addressing Racial/Ethnic Disparities in Health and Health Care. Public Health Reports 118.

- 5. Beavis, A. S. W., Hojjati, A., Kassam, A., Choudhury, D., Fraser, M., Masching, R., and Nixon, S.A. (2015) What All Students in Healthcare Training Programs Should Learn to Increase Health Equity: Perspectices on Postcolonialsm and the Health of Aboriginal Peoples in Canada. *BMC Medical Education* 15:155.
- 6. Hunter, K., and Thompson, B. (2019) A Scoping Review of Social Determinants of Health Curricula in Post-Graduate Medical Education. *Canadian Medical Education Journal*, 10(3) e61-e71.
- 7. Johnson, C., Rastetter, M., Olayiwola, J.N. (2022) Pathways to Equity: Implementing a Health Equity Leadership Curriculum in Residency Education as an Antidote to Systemic Racism. *Journal of the National Medical Association*.
- 8. Ramani, S., Konings, K., Mann, V., van der Vluten, C. (2017) Uncovering the Unknown: A Grounded Theory Study Exploring the Impact of Self-awareness on the Culture of Feedback in Residency Education. Medical Teacher. 39(10) 1065-1073.
- 9. Dobie, S. (2007) Reflections on a Well-Traveled Path: Self-awareness, Mindful Practice, and Relationship Centered Care as Foundations for Medical Education. Academic Medicine 82(4).
- 10. Durant, A. and Shepherd, I. (2009) 'Culture' and 'Communication' in Intercultural Communication. *European Journal of English Studies*.
- 11. DeVoss, D., Jasken, J., and Hayden, D. (2002) Teaching Intracultural and Intercultural Communication: A Critique Suggested Method. *Journal of Business and Technical Communication*. 16(1) 69-94.
- 12. Boroumand, S., Stein, M.J., Jay, M., Shen, J.W., Hirsh, M., and Dharamsi, S. (2020) Addresing the Health Advocate Role in Medical Education. *BMC Medical Education*. 20(28).
- 13. Coria, A., McKelvey, T.G., Charlton, P., Woodworth, M., and Lahey, T. (2013) The Design of a Medical School Social Justice and Curriculum. Academic Medicine 88(10) 1442-1449.
- 14. Coutinho, A.J., Nguyen, B., Kelly, C., Lin, K., Gits, A., Crichlow, R., Moreno, G. (2020) Formal Advocacy Curricula in Family Medicine Residencies: A CERA Survey of Program Directors.
- 15. Schiff, T., and Rieth, K. (2012) Projects in Medical Education: "Social Justice in Medicine" A Rationale for an Elective Program as a Part of the Medical Education Curriculum at John A Burns School of Medicine.
- Bourgois, P., Holmes, S.M., Sue, K., Quesada, J. (2017). Structural Vulnerability:
 Operationalizing the Concept to Address Health Disparities in Clinical Care. Academic Medicine 92(3) 299-307.
- Corneau, S. and Stergiopoulos, V. (2012) More Than Being Against It: Anti-racism and Antioppression in Mental Health Services. 49(2) 261-282.

Putting on our Oxygen Mask First: The Physician Suicide Epidemic is Preventable (Page 28)

- Grow, H. Mollie, Heather A. McPhillips, and Maneesh Batra. "Understanding Physician Burnout." Current Problems in Pediatric and Adolescent Health Care 49.11 (2019): 100656.Oakland University William Beaumont School of Medicine.
- Oakland University William Beaumont School of Medicine. OUWB Student Mental Health Counselors to Medical Students: 'It's OK to ask for help'. https://oakland.edu/medicine/news/auto-list-news/2022/OUWB-Student-Mental-Health-Counselors-to-med-students-It%E2%80%99s-OK-to-ask-for-help. Accessed October 1, 2022.
- 3. Matheson J. Physician Suicide. https://www.acep.org/life-as-a-physician/wellness/wellness/wellness-week-articles/physician-suicide. Accessed October 1, 2022.