## The Ohio Family Physician: Spring 2023

#### **Article Reference List**

### Page 4

## **Executive Vice President's Message**

- 1. <a href="https://jamanetwork.com/journals/jamainternalmedicine/fullarticle/2724393">https://jamanetwork.com/journals/jamainternalmedicine/fullarticle/2724393</a>.
- 2. <a href="https://www.who.int/news-room/fact-sheets/detail/primary-health-care">https://www.who.int/news-room/fact-sheets/detail/primary-health-care</a>.

# Page 12

#### Community-Based Primary Care: Wellness on Wheels in the Hilltop Community

- 1. <a href="https://www.columbus.gov/uploadedFiles/Columbus/Departments/Public Health/New Programs">https://www.columbus.gov/uploadedFiles/Columbus/Departments/Public Health/New Programs</a> /Community Health Planning/COHC%20HealthMap%202022%20Final.pdf.
- 2. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9228973/.

#### Page 16

# **Ohioans Access to Healthy Food and Nutrition**

- 1. <a href="https://www.who.int/news-room/fact-sheets/detail/healthy-diet">https://www.who.int/news-room/fact-sheets/detail/healthy-diet</a> Accessed 1/16/2023.
- https://www.cdc.gov/healthyweight/index.html Accessed 1/16/2023.
- 3. <a href="https://www.ers.usda.gov/data-products/food-access-research-atlas/go-to-the-atlas/">https://www.ers.usda.gov/data-products/food-access-research-atlas/go-to-the-atlas/</a> Accessed 1/16/2023.
- 4. Dutko, Paula, Michele Ver Ploeg, and Tracey Farrigan. Characteristics and Influential Factors of Food Deserts, ERR-140, U.S. Department of Agriculture, Economic Research Service, August 2012. https://www.ers.usda.gov/webdocs/publications/45014/30940\_err140.pdf.
- National Research Council (US). The Public Health Effects of Food Deserts: Workshop Summary. Washington (DC): National Academies Press (US); 2009. Summary. https://www.ncbi.nlm.nih.gov/books/NBK208018/.
- 6. <a href="https://ddc.ohio.gov/resources-and-publications/outreach/ohios-food-desert-crisis">https://ddc.ohio.gov/resources-and-publications/outreach/ohios-food-desert-crisis</a>. Accessed 1/16/2023.
- Breyer B, Voss-Andreae A. Food Mirages: Geographic and Economic Barriers to Healthful Food Access in Portland, Oregon. *Health Place*. 2013 Nov;24:131-9. doi: 10.1016/j.healthplace.2013.07.008. Epub 2013 Aug 26. PMID: 24100236.
- https://www.dietaryguidelines.gov/sites/default/files/2021 03/Dietary Guidelines for Americans-2020-2025.pdf. Accessed 1/4/2023.

- https://news.uhhospitals.org/news-releases/university-hospitals-conneaut-medical-centeropens-food-for-lifemarket.htm#:~:text=The%20Food%20for%20Life%20program,%2C%20Equity%2C%20Diversity% 20and%20Inclusion.
- 10. <a href="https://www.local-matters.org/">https://www.local-matters.org/</a> Accessed 1/16/2023.
- 11. <a href="https://www.fns.usda.gov/snap/online-purchasing-pilot">https://www.fns.usda.gov/snap/online-purchasing-pilot</a> Accessed 1/16/2023.
- 12. https://freshtrak.com/ Accessed 1/16/2023.

# Social Determinants of Health: From WHO and How to You and Now

- World Health Organization. Social Determinants of Health. <a href="https://www.who.int/health-topics/social-determinants-of-health#tab=tab.">https://www.who.int/health-topics/social-determinants-of-health#tab=tab.</a> Accessed December 22, 2022.
- 2. Healthy People 2030, U.S. Department of Health and Human Services, Office of Disease Prevention and Health Promotion. <a href="https://health.gov/healthypeople/priority-areas/social-determinants-health">https://health.gov/healthypeople/priority-areas/social-determinants-health</a>. Accessed December 22, 2022.
- 3. Hood CM, Gennuso KP, Swain GR, et al. County Health Rankings: Relationships between Determinant Factors and Health Outcomes. American Journal of Preventive Medicine. February 2016; 50(2):129-35. doi:10.1016/j.amepre.2015.08.024.
- 4. Ohio Department of Health. Social Determinants of Health and Social Determinants of Health Dashboard. <a href="https://odh.ohio.gov/know-our-programs/health-equity/social-determinants-health">https://odh.ohio.gov/know-our-programs/health-equity/social-determinants-health</a>. Accessed December 22, 2022.
- 5. National Academies of Sciences, Engineering, and Medicine. 2014. Capturing Social and Behavioral Domains and Measures in Electronic Health Records: Phase 2. Washington, DC: *The National Academies Press*. <a href="https://nap.nationalacademies.org/catalog/18951/capturing-social-and-behavioral-domains-and-measures-in-electronic-health-records">https://nap.nationalacademies.org/catalog/18951/capturing-social-and-behavioral-domains-and-measures-in-electronic-health-records</a>.
- Karina W. Davidson, Alex R. Kemper, Chyke A. Doubeni, et al. <u>Developing Primary Care—Based</u> <u>Recommendations for Social Determinants of Health: Methods of the U.S. Preventive Services</u> <u>Task Force</u>. *Ann Intern Med*.2020;173:461-467.
- 7. O'Gurek DT, Henke C. <u>A Practical Approach to Screening for Social Determinants of Health</u>. *Fam Pract Manag*. 2018 May/Jun;25(3):7-12. PMID: 29989777.
- https://innovation.cms.gov/files/worksheets/ahcm-screeningtool.pdf. Accessed December 23, 2022.
- 9. <a href="https://innovation.cms.gov/data-and-reports/2020/ahc-first-eval-rpt">https://innovation.cms.gov/data-and-reports/2020/ahc-first-eval-rpt</a>. Accessed December 23, 2022.
- 10. Lessons from Five Years Of The CMS Accountable Health Communities Model, *Health Affairs Forefront*, August 8, 2022. DOI: 10.1377/forefront.20220805.764159.

- 11. Weir RC, Proser M, Jester M, Li V, Hood-Ronick CM, Gurewich D. Collecting Social Determinants of Health Data in the Clinical Setting: Findings from National PRAPARE Implementation. J Health Care Poor Underserved. 2020;31(2):1018-1035. doi: 10.1353/hpu.2020.0075. PMID: 33410822.
  - 12. Accessed December 23, 2022. <a href="https://prapare.org/the-prapare-screening-tool/">https://prapare.org/the-prapare-screening-tool/</a>.
- 13. <a href="https://www.aafp.org/family-physician/patient-care/the-everyone-project.html">https://www.aafp.org/family-physician/patient-care/the-everyone-project.html</a>. Accessed December 23, 2022.
- 14. <a href="https://www.aafp.org/dam/AAFP/documents/patient\_care/everyone\_project/hops19-physician-form-sdoh.pdf">https://www.aafp.org/dam/AAFP/documents/patient\_care/everyone\_project/hops19-physician-form-sdoh.pdf</a>. Accessed December 23, 2022.
- 15. Kovach KA, Reid K, Grandmont J, Jones D, Wood J, Schoof B. How Engaged Are Family Physicians in Addressing the Social Determinants of Health? A Survey Supporting the American Academy of Family Physician's Health Equity Environmental Scan. *Health Equity*. 2019 Aug 23;3(1):449-457. doi: 10.1089/heq.2019.0022. PMID: 31448355; PMCID: PMC6707032.

## What do we Mean by "Population Health?"

- 1. Stange KC, Etz RS, Miller WL. The Role of Primary Care in Improving Population Health. *Milbank Quarterly* 2023;(in press for special issue on the future of population health).
- 2. National Academies of Sciences, Engineering and Medicine. Implementing High-Quality Primary Care: Rebuilding the Foundation of Health Care. *Washington, DC: The National Academies Press*, 2021. https://www.nationalacademies.org/our-work/implementing-high-quality-primary-care.
- Stange KC. Holding on and Letting Go: A Perspective from the Keystone IV Conference. The Journal of the American Board of Family Medicine 2016;29(Supplement 1):S32-S39. (<a href="http://www.jabfm.org/content/29/Supplement 1/S32.abstract">http://www.jabfm.org/content/29/Supplement 1/S32.abstract</a>).
- McWhinney IR. 'An Acquaintance with Particulars...'. Fam Med 1989;21(4):296-298.
   (http://www.ncbi.nlm.nih.gov/entrez/query.fcgi?cmd=Retrieve&db=PubMed&dopt=Citation&list\_uids=2753257).
- 5. Peek CJ, Westfall JM, Stange KC, et al. Shared Language for Shared Work in Population Health. *The Annals of Family Medicine* 2021;19(5):450. DOI: 10.1370/afm.2708. <a href="https://www.annfammed.org/content/annalsfm/19/5/450.full.pdf">https://www.annfammed.org/content/annalsfm/19/5/450.full.pdf</a>.
- Etz R, Miller WL, Stange KC. Simple Rules that Guide Generalist and Specialist Care. Fam Med 2021;53(8):697-700. DOI: 10.22454/FamMed. 2021.463594. https://journals.stfm.org/familymedicine/2021/september/stange-2020-0588/.

#### Page 26

# **Targeting Poverty and Financial Stress as Determinants of Health**

 Shaw KM, Theis KA, Self-Brown S, Roblin DW, Barker L. Chronic Disease Disparities by County Economic Status and Metropolitan Classification, *Behavioral Risk Factor Surveillance System*, 2013. Prev Chronic Dis. Sep 01 2016;13:E119. doi:10.5888/pcd13.160088.

- Tawakol A, Osborne MT, Wang Y, et al. Stress-Associated Neurobiological Pathway Linking Socioeconomic Disparities to Cardiovascular Disease. J Am Coll Cardiol. Jul 02 2019;73(25):3243-3255. doi:10.1016/j.jacc.2019.04.042.
- 3. Swartz JR, Hariri AR, Williamson DE. An Epigenetic Mechanism Links Socioeconomic Status to Changes in Depression-related Brain Function in High-Risk Adolescents. Mol Psychiatry. Feb 2017;22(2):209-214. doi:10.1038/mp.2016.82.
- 4. Ridley M, Rao G, Schilbach F, Patel V. Poverty, Depression, and Anxiety: Causal Evidence and Mechanisms. Science. Dec 11 2020;370(6522)doi:10.1126/science.aay0214.
- 5. Wagstaff A. Poverty and Health Sector Inequalities. Bull World Health Organ. 2002;80(2):97-105.
- 6. Marcil LE, Barnett KG, Zuckerman B. Medical-Financial Partnerships Beyond Traditional Boundaries. N Engl J Med. Jul 22 2021;385(4):289-291. doi:10.1056/NEJMp2101731.
- 7. Bell ON, Hole MK, Johnson K, Marcil LE, Solomon BS, Schickedanz A. Medical-Financial Partnerships: Cross-Sector Collaborations Between Medical and Financial Services to Improve Health. *Acad Pediatr*. Mar 2020;20(2):166-174. doi:10.1016/j.acap.2019.10.001.
- 8. Marcil LE, Hole MK, Jackson J, et al. Anti-Poverty Medicine Through Medical-Financial Partnerships: A New Approach to Child Poverty. *Acad Pediatr*. 2021;21(8S):S169-S176. doi:10.1016/j.acap.2021.03.017.
- 9. Poverty and Health The Family Medicine Perspective (position paper). *American Academy of Family Physicians*. <a href="https://www.aafp.org/about/policies/all/poverty-health.html">https://www.aafp.org/about/policies/all/poverty-health.html</a>.
- 10. South E, Venkataramani A, Dalembert G. Building Black Wealth The Role of Health Systems in Closing the Gap. *N Engl J Med*. Sep 01 2022;387(9):844-849. doi:10.1056/NEJMms2209521.

# Treat Hepatitis C Virus as a Family Physician

- 1. <u>Primary Care Physician Perspectives on Hepatitis C Management in the Era of Direct-Acting Antiviral Therapy (nih.gov).</u>
- 2. <a href="https://nap.nationalacademies.org/catalog/24731/a-national-strategy-for-the-elimination-of-hepatitis-b-and-c.">https://nap.nationalacademies.org/catalog/24731/a-national-strategy-for-the-elimination-of-hepatitis-b-and-c.</a>
- 3. <u>Ohio-June-2022.pdf (hepc.wpenginepowered.com).</u>

#### Page 30

# Leveraging Residency Training to Impact Population Health: An Example of Food as Medicine Research

Accreditation Council for Graduate Medical Education. (2021). ACGME Common Program
Requirements (Residency).
 https://www.acgme.org/globalassets/pfassets/programrequirements/cprresidency 2022v3.pdf.

- 2. Centers for Disease Control and Prevention. (2022, September 8). *Poor Nutrition*. CDC. https://www.cdc.gov/chronicdisease/resources/publications/factsheets/nutrition.htm.
- Cleveland Clinic Akron General (n.d.). Community Health Needs Assessment 2022.
   <a href="https://my.clevelandclinic.org/-/scassets/files/org/about/community-reports/chna/2022/2022-akron-general-chna.pdf?la=en">https://my.clevelandclinic.org/-/scassets/files/org/about/community-reports/chna/2022/2022-akron-general-chna.pdf?la=en</a>.
- 4. University of Wisconsin Population Health Institute. (2022). *Summit, Ohio*. County Health Rankings & Roadmaps. <a href="https://www.countyhealthrankings.org/explore-health-rankings/ohio/summit?year=2022">https://www.countyhealthrankings.org/explore-health-rankings/ohio/summit?year=2022</a>.
- Cleveland Clinic Akron General (n.d.). Community Health Needs Assessment 2019.
   <a href="https://my.clevelandclinic.org/-/scassets/files/org/about/community-reports/chna/2019/2019-akron-general-chna.pdf?la=en.">https://my.clevelandclinic.org/-/scassets/files/org/about/community-reports/chna/2019/2019-akron-general-chna.pdf?la=en.</a>
- 6. Cavanagh, M., Jurkowski, J., Bozlak, C., Hastings, J., & Klein, A. (2017). <u>Veggie Rx: An Outcome</u>
  <u>Evaluation of a Healthy Food Incentive Programme</u>. *Public Health Nutrition*, *20*(14), 2636–2641.
- Berkowitz, S. A., Delahanty, L. M., Terranova, J., Steiner, B., Ruazol, M. P., Singh, R., ... Wexler, D. J. (2019). Medically Tailored Meal Delivery for Diabetes Patients with Food Insecurity: A Randomized Cross-over Trial. Journal of General Internal Medicine, 34(3), 396–404.
- 8. Berkowitz, S. A., Terranova, J., Hill, C., Ajayi, T., Linsky, T., Tishler, L. W., & DeWalt, D. A. (2018). <u>Meal Delivery Programs Reduce the Use of Costly Health Care in Dually Eligible Medicare and</u> <u>Medicaid Beneficiaries</u>. *Health Affairs (Project Hope)*, 37(4), 535–542.
- Berkowitz, S. A., Terranova, J., Randall, L., Cranston, K., Waters, D. B., & Hsu, J. (2019).
   <u>Association between Receipt of a Medically Tailored Meal Program and Health Care Use</u>. *JAMA Internal Medicine*, 179(6), 786–793.
- Berkowitz, S. A., O'Neill, J., Sayer, E., Shahid, N. N., Petrie, M., Schouboe, S., ... Bellin, R. (2019).
   Health Center-based Community-supported Agriculture: An RCT. American Journal of Preventive Medicine, 57(6 Suppl 1), S55–S64.
- 11. Downer, S., Berkowitz, S. A., Harlan, T. S., Olstad, D. L., & Mozaffarian, D. (2020). <u>Food is Medicine: Actions to Integrate Food and Nutrition into Healthcare</u>. *BMJ (Clinical Research Ed.)*, 369, m2482.

#### Physician Activism: An Inter-professional Partnership to Advocate for Immigrants and Refugees

 Inspection and Expedited Removal of Aliens; Detention and Removal of Aliens; Conduct of Removal Proceedings; Asylum Procedures. A Rule by the Justice Department, the Immigration and Naturalization Service, and the Executive Office for Immigration Review. March 6, 1997. <a href="https://www.ecfr.gov/current/title-8/chapter-I/subchapter-B/part-208">https://www.ecfr.gov/current/title-8/chapter-I/subchapter-B/part-208</a>.

- 2. <a href="https://trac.syr.edu/phptools/immigration/asylum/">https://trac.syr.edu/phptools/immigration/asylum/</a>.
- 3. Atkinson HG, Wyka K, Hampton K, et al. Impact of Forensic Medical Evaluations on Immigration Relief Grant Rates and Correlates of Outcomes in the United States. *Journal of Forensic and Legal Medicine*. 2021;84:102272. doi:10.1016/j.jflm.2021.102272.
- 4. Scruggs E, Guetterman TC, Meyer AC, VanArtsdalen J, Heisler M. "An Absolutely Necessary Piece": A Qualitative Study of Legal Perspectives on Medical Affidavits in the Asylum Process. *Journal of Forensic and Legal Medicine*. 2016;44:72-78. doi:10.1016/j.jflm.2016.09.002.
- 5. Singer E, Eswarappa M, Kaur K, Baranowski KA. Addressing the Need for Forensic Psychological Evaluations of Asylum Seekers: The Potential Role of the General Practitioner. *Psychiatry Research*. 2020;284:112752. doi:10.1016/j.psychres.2020.112752.
- 6. Istanbul Protocol: Manual on the Effective Investigation and Documentation of Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment. *Rev. 2. United Nations*; 2022. Accessed January 5, 2023. <a href="https://www.ohchr.org/en/publications/policy-and-methodological-publications/istanbul-protocol-manual-effective-0">https://www.ohchr.org/en/publications/policy-and-methodological-publications/istanbul-protocol-manual-effective-0</a>.