



Scott Rogers, MD

While I love the many challenges that come with being a family physician, it is critical to my mental health to connect with nature every day and see the world through different eyes (rectangular-pupiled goat eyes to be exact)! I am blessed to live just outside of the big city and have some space to spread out, raising goats, chickens, llamas, and three human kids on our small farm.

One of my greatest joys as a family physician has been helping patients through the birth process, and raising dairy goats affords me the opportunity to be a "gout doula," witnessing and attending to the birth of kids on the farm! Seeing a mother goat immediately connect with her new baby is just as awe-inspiring as the human version! Having lots of extra goat milk around has come in handy, as I enjoy making goat cheese, cajeta (Mexican goat milk caramel sauce), ice cream, and whey bread. I've also experimented with the art of soapmaking, selling at craft fairs and giving away lots of goat milk soap to friends and family during the holidays. Most importantly, life on the farm has afforded me the joy of teaching my children about hard work, life, and loss.

