

Report on the AAFP Future Conference and the National Congress of Family Medicine Residents

By John Das, MD



Attending the 2025 AAFP Future Conference was an energizing and meaningful experience. The atmosphere was filled with enthusiasm as medical students, resident physicians, and fellow physicians from across the country came together to celebrate our shared commitment to the specialty. The conference offered a diverse array of sessions and workshops designed to inspire, educate, and equip us to be stronger advocates for our patients and our profession.

The National Congress of Family Medicine Residents began on Thursday morning with opening remarks from the Chair, followed by presentations from various AAFP Commission leaders. They shared highlights of the important work completed over the past year—an encouraging reminder of the impact we can have through organized medicine.

As the resident delegate representing the Ohio Academy of Family Physicians (OAFP), I had the privilege of reviewing and providing input on various resolutions—some of which were authored by fellow OAFP members. It was inspiring to see residents, fellows, and medical students identifying issues that matter to them and drafting thoughtful resolutions to address them.

At the FUTURE conference, I had the opportunity to offer feedback on an upcoming AAFP mentorship program designed for resident physicians, as well as share my perspective on board

review resources for Family Medicine physicians. I was grateful for the chance to contribute to initiatives that will directly impact and strengthen our specialty.

One of the highlights of the conference was the Main Stage Event, where Dr. Marcia I. Faustin delivered a powerful presentation titled “*A Solid Gold Career.*” Her passion and authenticity left a lasting impression on me and many others in the audience. Immediately afterward, the Exhibit Hall opened with celebratory fanfare—complete with drums and high energy. I enjoyed visiting various booths and engaging with representatives from across the country, all of whom were eager to discuss innovative ways to support and strengthen the field of Family Medicine.

That evening, I attended the Ohio Reception, a warm and welcoming gathering that allowed me to connect with fellow Ohioans who are equally committed to advancing primary care in our communities. The conversation was as enjoyable as the food, and it reminded me of the strength of our state’s family medicine community.

On Friday, I served on Reference Committee No. 1, where I listened to testimony and helped review a variety of resolutions submitted to the Congress. It was impressive to witness so many colleagues speak passionately and thoughtfully about the issues they care about most. The final committee report was presented to and voted on by the full Resident Congress the following day.

Before the conference concluded, I had the opportunity to view the excellent scholarly work presented by students, residents, and fellows—beautifully displayed at the Kansas City Convention Center. Their creativity, curiosity, and dedication to improving patient care were evident in every poster.

This marked my third year serving as an OAFP delegate to the AAFP National Conference—now called Future—and I remain deeply grateful for the opportunity. Representing Ohio in this national forum has been both a privilege and a formative experience. Thank you to the OAFP for your continued trust and support as I advocate for our profession and celebrate the vital role of Family Medicine in shaping a healthier future.