REGISTRATION IS FREE
Please register by 2/1/19 to:
mchughta@joint-surgeons.com

WHEN: 2/16/19
8:00am-2:00pm

WHERE:
Hilton Easton-Regent Ballroom
900 Chagrin Drive
Columbus, OH 43219

Faculty/Advisors
Course Chair
Adolph V. Lombardi, Jr., MD

Course Advisors
T. Laurence Blosser, MD
Bryan W. Ghiloni, MD
J. William Wulf, MD

Faculty
DanaMarie E. Aminian, MD
Keith R. Berend, MD
David A. Crawford, MD
Namrata Dhillon, MD
Paul J. Gagne, DPT
Jason M. Hurst, MD
Jackie R. McGowan, MD
Jason A. Reed, DO
Sylvia J. Rozek, MD
Derek L. Snook, MD
Kristie E. Zellner, DPT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Current Concepts Institute and Modern Musculoskeletal Care. The Current Concepts Institute is accredited by the ACCME to provide continuing medical education for physicians. Current Concepts Institute designates this educational activity for a maximum of 5.25 AMA PRA Category 1 Credits™. Physicians should claim only the credits commensurate with the extent of their participation in the activity.
8:00-8:30am REGISTRATION/BREAKFAST

SESSION I
8:30-9:40am THE ESSENTIALS OF NON-OPERATIVE MANAGEMENT
8:30-8:36am Selecting the appropriate NSAID
8:36-8:42am The role of topical anti-inflammatory/analgesic-gels/patches
8:42-8:48am Indications for Steroid Dose Pack
8:48-8:54am Medical Management of Inflammatory Disorders
8:54-9:00am Avoid Opioids-Rule #1
9:00-9:06am Lifestyle: What Role Do Diet, Exercise, and Supplements Play?
9:12-9:18am Upper Extremity Bracing Options
9:18-9:24am Which Knee Brace Should I Prescribe?
9:24-9:30am Back Braces: Do They Make a Difference? Neck Braces: Not Fashionable, But Effective
9:30-9:40am Discussion

SESSION II
9:40-10:10am PHYSICAL THERAPY: HOW CAN WE HELP YOUR PATIENTS?
9:40-9:45am Movement Impairments
9:45-9:50am Therapeutic Exercise
9:50-9:55am Modalities
9:55-10:00am Emerging Techniques
10:00-10:10am Discussion

10:10-10:25am BREAK

SESSION III
10:25-11:11am THE WHEN AND HOW TO PERFORM INJECTIONS: VIDEO VIGNETTE
10:25-10:31am Shoulder
10:31-10:37am Hip
10:37-10:43am Knee
10:43-10:49am Trigger Point
10:49-10:55am Medial Branch Blocks and Facet Rhizotomies
10:55-11:01am Epidural
11:01-11:11am Discussion

SESSION IV
11:11-11:45am RADIOGRAPHIC EVALUATION: WHAT CAN BE DIAGNOSED WITH PLAIN RADIOGRAPHS AND WHEN IS ADVANCED IMAGING NECESSARY?
11:11-11:17am Shoulder
11:17-11:23am Knee
11:23-11:29am Hip
11:29-11:35am Spine
11:35-11:45am Discussion

SESSION V
11:45-12:00pm PREOPERATIVE MEDICAL EVALUATION: WHAT CAN BE LEARNED FROM THE ORTHOPEDIC LITERATURE WITH RESPECT TO MEDICAL OPTIMIZATION?
12:00-12:05pm When is Rotator Cuff Repair Indicated?
12:05-12:10pm Basics of Total Shoulder Arthroplasty
12:10-12:15pm What is and When is a Reverse Total Shoulder Indicated?
12:15-12:20pm The Pros and Cons and Indications for Hip Arthroscopy
12:20-12:25pm The Direct Anterior Hip is the Real Deal
12:25-12:30pm Indications and Contraindications for Knee Arthroscopy
12:30-12:35pm Unicompartmental Knee Arthroplasty is a Great Operation
12:35-12:40pm Rapid Recovery is Achievable in Total Knee Arthroplasty
12:40-12:45pm Outpatient Total Joint Arthroplasty is a Reality
12:45-12:50pm Management of Compression Fractures of the Spine
12:50-12:55pm What is New in Spine Surgery?
12:55-1:00pm There is Life After Spine Surgery

SESSION VI
12:00-1:00pm WORKING LUNCH AND FREQUENTLY ASKED QUESTIONS