



Humaira Lateef, MD



My love for art and painting has been with me from the very beginning, but for the longest time I never attempted it myself. Over the years, the rigors of medical school, training, and then working as a family physician did not leave any time to pursue this passion of mine.

Then one day, as I enrolled my elementary school-aged kids in an art class, I also signed up for a painting class. I started out learning basic rules about form and color with prismacolors. From there I explored oil paints, and found them very versatile to work with.

I love to paint flowers — it gives me so much peace and tranquility. I had so much fun painting these tulips and feel this piece is one of my best.