



Evan Howe, MD



I started playing bagpipes in elementary school and have carried this hobby with me throughout the years since that time. I find music to be a creative outlet for my energy and very stress relieving. This has been a way for me to connect to my family's Scottish history while learning the history and traditions of Scotland. Attending associated cultural events has helped me learn about others who share a common heritage. My son, a Scottish snare drummer, and I attended the summer camp where I first learned about competitive bagpiping. He and I are currently members of the Geauga Highlanders pipe band based in Chardon, Ohio. It has been a joy to rediscover this hobby through the eyes of my son. Aside from the benefits of having a hobby, it has been very therapeutic for me to be able to set aside my physician role at times. Living and practicing medicine in the town where I grew up has had many fulfilling benefits. However, this also creates certain challenges in being able to participate in the community without being asked to give medical opinions and defend the entirety of the medical and public health communities when outside of the office. Attending non-medical events and workshops focused on the world of bagpiping and outside of my community gives me a welcome break from this. While I cherish serving the community where I was born and raised, and proudly wear the title of family physician, there are many pleasant times when I can step aside and be Evan the bagpiper, which is pretty rewarding as well.